A few tips on how to monitor status and performance of SQL services :

Microsoft SQL availability by

[standard tools such as OS services, by verification of database access](#) [1]

Microsoft SQL performance by

[general performance parameters bound to OS, such as usage of processor, drive, RAM](#) [2]
[specialized performance parameters for SQL - performance countre](#) [3]
[measuring time of operations over the used database](#) [4]

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Links
[1] https://www.customermonitor.eu/how-cm-works-0/monitoring-and-diagnostics/availability-and-load-sql-servers/ms-sql-availability
[2] https://www.customermonitor.eu/how-cm-works-0/monitoring-and-diagnostics/availability-and-load-sql-servers/ms-sql-performance
[3] https://www.customermonitor.eu/how-cm-works-0/monitoring-and-diagnostics/availability-and-load-sql-servers/ms-sql-performance-0
[4] https://www.customermonitor.eu/how-cm-works-0/monitoring-and-diagnostics/availability-and-load-sql-servers/ms-sql-performance-1